



A · Y · S  
AT YOUR SERVICE  
FINE FOOD & CATERING

## Menu

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### Middle Eastern

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#### Spreads

- Hummus  
*Chickpeas purée, tahini, garlic, lemon*
- Baba Ghannouge  
*Roasted eggplant, garlic, tahini, lemon*
- Tzatziki  
*Cucumber yogurt dip*
- Goat Cheese, Sun Dried Tomato
- Provencal Eggplant Caviar  
*Eggplant purée, olives, red peppers, olive oil*
- Taramosalata  
*Fish roe spread*
- Eggplant and Avocado Salsa
- Mediterranean Spinach Dip

#### Mezze

- Marinated Olives in Oregano  
*Assorted Greek olives, oregano*
- Assorted Pickled Vegetables  
*Carrots, cauliflower, cucumber, celery, cabbage, chili peppers*
- Spanakopita  
*Phyllo, spinach, feta cheese*
- Dolmades  
*Grape leaves with rice, tomato, fennel, pine nuts, golden raisins*
- Lamb Tongue and Leeks Vinaigrette
- Saganaki Cheese  
*Lightly seared cheese sprinkled with lemon on crusty bread*

#### Soup

- Chicken and Vegetable Soup with Brown Rice
- Avgolemono Sauce, Pita Bread
- Cold Summer Cucumber Mint Soup with Yogurt
- Pita Chips
- Mushroom Barley Soup with Diced Vegetable
- Toasted Pita Bread

#### Salad

- Fattoush  
*Tomato, cucumber, peppers, red onion, radish*
- Tabouleh  
*Parsley, bulgur, tomatoes, onion, mint, lemon*
- Spring Mix Salad with Grilled Za-atar-Coated Chicken
- Mixed Greens with Air-Dried Beef, Sherry Vinaigrette

#### Appetizers

- Vegetables Keftas with Sweet Onion Raisin Condiment
- Beef Briouats, Toasted Nuts, Spices and Fresh Herbs



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#### Main Course

- Seared Loup de Mer with Vegetable Chachouka, Chives Couscous, Tomato Syrup
- Poached John Dory with Saffron, Caramelized Onion Condiment, Vegetable and Garbanzo Beans Couscous
- Seared and Roasted Rack of Lamb, Couscous with Figs, Raisin and Pine Nuts Glazed Asparagus, Honey Lamb Jus
- Braised Lamb Shoulder with Pearl Barley , Glazed Young Carrots and Almond, Lamb Jus



#### Kebabs

- Lule Beef Kebab with Red Onion Condiment, Grilled Vegetable, Rice Pilaf
- Beef Filet Kebab, Zucchini and Bell Pepper Bulgur
- Spice-Rubbed Lamb Kebab, Vegetable Couscous
- Lule Lamb Kebab, with Red Onion Condiment, Grilled Vegetable, Rice Pilaf
- Lule Chicken Kebab, Mediterranean Ratatouille Brown Rice Pilaf
- Kotopoulo Souvlaki (*Chicken Skewers*) with Grilled Asparagus, Spanish Riso
- Shrimp Brochette with Sautéed Summer Squash, Saffron Rice Pilaf

#### Dessert

- Warm Chocolate Cake, Pistachio Ice Cream
- Warm Apple Tart Fine, Lavender Ice Cream
- Floated Island with Caramel Sauce
- Poached Peach, Vanilla Ice Cream, Strawberry Syrup